

**LET'S GET**  
**BACK**  
**TO THE BASICS**

**2023 OFHSA Conference**

**May 5-6, 2023**



**Fanshawe College**  
**London, ON**

**Register by March 24, 2023**

# Greetings from the 2023 Conference Planning Committee

It's time to register for OFHSA Conference 2023! It's been a few years since we've been able to get together to learn, network, share, and inspire each other, so this year we're getting "Back to the Basics". Whether you're new to home and school, or have been around for a while, our Conference planning committee has an amazing experience planned for you! We'll make sure you return to your Association feeling refreshed and confident to not only take on the vital work we do as volunteers, but also to inspire others to join us in achieving "The Best for Each Student".

**Please share this registration package with all Home and School Association members, and anyone else interested in attending. Everyone is invited!**

How do you register?

Use the Registration and Meal Order Form in this booklet, or [online here](#): one form per attendee please! Return paper forms to your Association president, who will then send the completed forms, along with the Association Summary Form and Association cheque to OFHSA.

Is there a cost?

Attendees are responsible for the cost of meals and their accommodations. Meal selections, prices and the accommodation information are listed in this package. Complimentary parking is available at Fanshawe College Friday after 5p.m. and all day Saturday.

Questions? Contact the Conference Planning Committee

[OFHSAconference@gmail.com](mailto:OFHSAconference@gmail.com)

# Registration Info

## Home and School Members

Complete a Registration and Meal Order Form (paper or [online](#)). If completing a paper form, return it to your Association president.

## Association Presidents

- Share the Registration booklet with anyone interested
- **Before March 24th**, collect the Registration and Meal Order Form from EACH registrant
- Complete the Association Summary Form
- Prepare an Association cheque, payable to OFHSA, to cover the cost of registration and all meals ordered
- Mail a complete package including: Registration and Meal Order Forms, Association Summary Form and an Association cheque to: **OFHSA, Attention: Conference Planning Committee, 51 Stuart Street, Hamilton ON L8L 1B5**

## Alumni Members and Non-Members

Please fill out a Registration and Meal Order form and send it, along with your cheque to: OFHSA, Attention: Conference Planning Committee, 51 Stuart Street , Hamilton ON L8L 1B5

# Accommodations

Suite style accommodations are available at Fanshawe College and feature two or four separately locked bedrooms, each with its own double bed equipped with linens and pillows. Suites have two private bathrooms with toiletries and towels; living room area with a couch, chair and TV with cable; kitchenette with a full-sized refrigerator, microwave, and sink; dining area with a table and four chairs; and high-speed complimentary Wi-Fi access.

Two and four-bedroom suites are available at a discounted rate until April 5, 2023.

To make reservations [CLICK HERE](#) and use promo code **1666365**

**Reserve your suite by April 5, 2023 to receive the 10% discount for Conference attendees!**

# Conference At A Glance

## **FRIDAY MAY 5, 2023**

6:00 - 9:00 p.m.      Opening Remarks & Welcome  
Networking, Socializing, Mix 'n Mingle  
Light refreshments

## **SATURDAY MAY 6, 2023**

7:30 - 8:30 a.m.      Breakfast  
8:45 - 9:30 a.m.      Registration opens  
9:30 - 11:00 a.m.     Workshop - Advocacy 101  
11:00 - 12:00 p.m.    Group Activity  
12:00 - 1:30 p.m.     Lunch & Break  
1:30 - 3:00 p.m.      Panel - Equity/Diversity/Inclusion in the School System  
3:00 - 4:30 p.m.      Workshops A/B  
5:00 - 6:30 p.m.      Dinner  
6:30 - 7:30 p.m.      Workshop - Captains & Poets  
7:30 - 9:00 p.m.      Networking, Mingling, Prize Draws

## Fun & Prizes

Everyone who attends Conference 2023 will have a chance to win some great door prizes! All attendees will receive door prize tickets with their registration, and there's ways to win more tickets throughout Conference. We have some fun activities planned, and completion of each activity will win you 5 more door prize tickets!

### The Centennial Bell Award

The Centennial Bell is awarded to the Association with the most members attending Conference. This year, in addition to winning the Bell, all attendees on the winning Association will win 5 extra door prize tickets.

**If you would like to donate an item to be used as a door prize at Conference, contact the planning committee [OFHSAconference@gmail.com](mailto:OFHSAconference@gmail.com)**

# Conference Workshops

## **ADVOCACY 101 - 9:30 - 11a.m.**

Understanding advocacy is crucial to the successful persuasion of our key policy ideas to government and other leading stakeholders.

Learn the basics to avoid the backfire! As a volunteer advocate you are the lifeblood to OFHSA's successful lobbying efforts, government and public relations delivery.

Understanding key elements of storytelling, networking and the current political environment will ensure you are well equipped to do the best job possible whether you're at Queen's Park, the playground or the Principal's office, in person or online. Join us for a fun and informative morning!

## **DIVERSITY/EQUITY/INCLUSION IN THE SCHOOL SYSTEM**

### **Panel Discussion - 1:30 - 3p.m.**

Join us for a discussion on diversity, equity, and inclusion in the school system. We'll be joined by a panel of school board staff to talk about how diversity, equity, and inclusion influence their roles, as well as answer your questions.

## **WORKSHOP A - BACK TO HSA BASICS - 3 - 4:30p.m.**

Are you new to Home & School, or new to an executive role? Are you considering taking on an executive role in the future? Join us to go over the basics of Home & School. We'll talk about how to plan and run meetings; making agendas, making motions, taking minutes. We'll also go over the basics of Home & School finances; ledgers, monthly reports, annual reports, fundraising, and finance do's & don'ts.

## **WORKSHOP B - NETWORKING/GROWING YOUR HSA - 3 - 4:30p.m.**

Learn and share ideas on how to grow your HSA in these challenging times. Discover new approaches to working with the different personalities you may encounter everyday. Get ideas on how to handle conflict within your HSA, with other parent groups, and school administration.

## **THE MESSAGE WE ALL WISH WE HAD RECEIVED - with Captains & Poets 6:30 - 7:30p.m.**

We all want the best for our young people and to help them navigate an increasingly complex world in a way that enables them to thrive. Captains & Poets is a groundbreaking approach to Social Emotional Learning (SEL - or EQ in adult terms!) that gets to the heart of who we are as humans and enables us to connect more deeply with ourselves and others. Join us to learn about your inner Captain and Poet, how they show up in your life, and reflect on the impact receiving this message when you were young might have had on who you are today. Explore the connection between well-being and identity and how you can nurture important conversations at home to give your child an inner compass they can take with them on the journey to adulthood and beyond!

# Conference Menus

## **Friday, May 5 - Evening Mix 'n Mingle 6 - 9p.m.**

No Cost

A variety of appetizers including seasonal fruits, vegetables with buttermilk ranch, and a variety of cheeses served with preserves and artisanal crackers. Desserts include cookies, coconut macaroons, berry crumble bars, and chocolate double fudge brownies.

## **Saturday, May 6 - Breakfast Buffet 7:30 - 8:30a.m.**

\$20

Farm fresh scrambled eggs, crispy potatoes, with jams, preserves and butter. Choice of applewood bacon or farmers sausage. Croissants with jams and Coffee Service.

## **Saturday, May 6 - Artisan Luncheon 12 - 1:30p.m.**

\$25

Assorted sandwiches served on chef's selection of fresh bread, fruit salad, side salad and dessert bar. Accompanied with water, coffee, and tea service.

## **Saturday, May 6 - Fajita Bar Dinner 5 - 6:30p.m.**

\$40

Tender thinly sliced Tex-Mex spiced beef or chicken, warm 6" flour tortillas, sautéed peppers, onions, Santa Fe style rice with sweetcorn and black beans. Finish them off with lime sour cream and a tomato salsa. Includes two side: pasta, caesar, or roasted vegetable salad. Accompanied with water and soft drinks.

Let us know on your registration form of any dietary restrictions or allergies.

# OFHSA Conference Registration and Meal Form

One form per attendee.

Photocopy as needed, [download here](#), or complete [online form here](#).

Attendee Name:
Address:
City/Town:
Phone:
Email:
H&S Association:
Is this your first time attending Conference?

Afternoon Workshop Selection (please check one):

Back to HSA Basics

Networking/Growing your HSA

Meal Selection		
Meals must be purchased in advance.		
Meal	Cost	
Friday Mix 'n Mingle	free	<input type="checkbox"/>
Saturday Breakfast	\$20	<input type="checkbox"/>
Saturday Luncheon	\$25	<input type="checkbox"/>
Saturday Dinner	\$40	<input type="checkbox"/>
Total		\$
Special Dietary Requests:		



Do you have a suggestion for a topic or guest speaker for our next Conference?  
Let us know!

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# Association Summary Form

Please print and submit this Association Summary Form (1 per Association) WITH one Registration and Meal Form for *each* delegate AND your Association cheque for the meals ordered .

Association: \_\_\_\_\_

H&S Council: \_\_\_\_\_

Number of Members attending: \_\_\_\_\_

Number of Friday attendees: \_\_\_\_\_ (free)

Number of Sat breakfast attendees: \_\_\_\_\_ x \$20 = \$ \_\_\_\_\_

Number of Saturday lunch attendees: \_\_\_\_\_ x \$25 = \$ \_\_\_\_\_

Number of Saturday dinner attendees: \_\_\_\_\_ x \$40 = \$ \_\_\_\_\_

Association Cheque total submitted to OFHSA: \$ \_\_\_\_\_

Please make your H&S Association cheque payable to OFHSA.

Mail Cheque and Forms to:

OFHSA

Attn: Conference Planning Committee

51 Stuart Street

Hamilton ON L8L 1B5

H&S ASSOCIATION OR H&S COUNCIL CHEQUES ONLY PLEASE!

**Registration packages need to be received at  
OFHSA by March 24, 2023.**