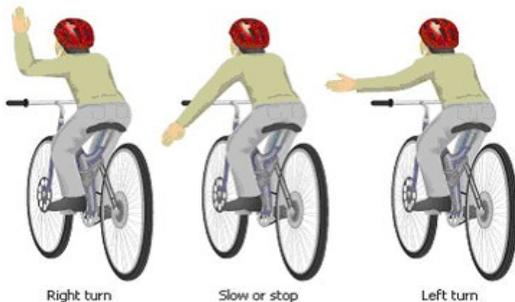


Bicycle Safety

- Always wear a properly fitted CSA approved helmet, adjust your bike to fit and make sure it has the required safety equipment.
- When cycling, keep both feet on the pedals, and your hands on the handle bars unless making a hand signal. Look ahead.
- Know and obey all traffic signs and signals.
- Always check for traffic before riding out onto the street, and check over your shoulder before signaling and turning. Watch for turning cars.
- Ride as near to the right hand curb as possible, and travel in the same direction as traffic. Use a bike path if it is available. If riding with others, ride in single file.
- SEE AND BE SEEN. Avoid riding at dusk, dawn and night. If you must, make sure you can be seen with lights and reflective clothing.
- Watch for road hazards (holes, rocks, grates, and slippery pavement). Ensure railway tracks are clear of oncoming trains before crossing.
- Watch out for parked cars (they may move out or a door may open unexpectedly). Stay a door's width away from parked cars.
- WALK (do not ride) your bicycles, scooters or skateboards when crossing at intersections.
- Use your hand signals.

Bicycle Hand Signals



General Safety

- BE ALERT! NEVER use handheld devices or have earbuds in or headphones on your ears while walking or biking to school or even playing. You will not be alert to see or hear warnings of danger such as traffic, horns, bells or people.
- ALWAYS travel with a buddy or in a group and let someone know the route you are travelling. NEVER change this route without letting an adult know.
- Practice safety even when you are playing. NEVER play near the road especially in the winter.
- Young children should practice these rules under supervision until they have learned the rules and can follow them.

Information Sourced From

Ontario School Bus Association

www.osba.on.ca

Ministry of Transportation

www.mto.gov.on.ca/english/safety/



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The Ontario Federation
of Home & School
Associations

SAFE TRAVEL TO SCHOOL



“The Best for Each Student”

Pedestrian Safety

- Walk on the inside of the sidewalk at all times.
- ALWAYS stop and look at driveways, alleys, areas without curbs, and at the edge of the sidewalk before continuing on.
- On rural roads, walk single file FACING oncoming traffic, look for special hazards and obstructions to visibility, and wait for sufficient traffic breaks before crossing.
- Use a familiar daily route to school. NEVER take short cuts and ALWAYS walk with a buddy.
- Along your route, be aware of the hazards as well as the “safe havens” (Block Parent homes, trusted neighbours, and public buildings).
- At an intersection with traffic lights, cross quickly, without running, on the appropriate signal after you have ensured traffic has stopped.
- **STOP, LOOK, LISTEN & THINK.** Look **left, right and behind you, then left again** before crossing.
- Avoid crossing midblock and NEVER from between parked cars - you can't be seen. Cross at the corner instead.
- Obey railway signals and cross at designated crossings. NEVER WALK ALONG THE RAILWAY TRACKS.

Bus Safety

Getting on and off the bus:

- Be at the bus stop at least 5 minutes before the scheduled pickup time.
- Wait for the bus at a safe place away from the road.
- The bus driver will tell you when to get on.
- Always use the hand rail.
- NEVER push or shove, walk single file.
- Stay out of the “Danger Zone”.
- Walk, do not run to and from the bus.

On the bus:

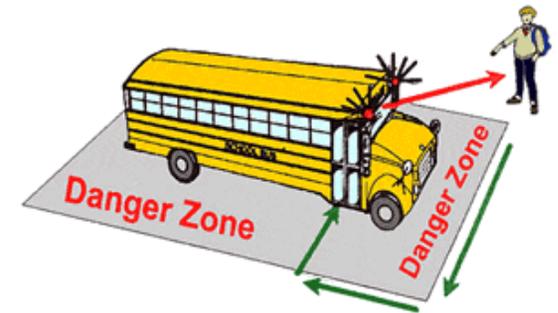
- Sit facing the driver, feet in front of you, with your possessions on your lap.
- Keep hands and your head inside the bus.
- Keep the aisle clear at all times.
- ALWAYS follow the bus driver's and bus patroller's instructions.
- Stay seated until the bus comes to a complete stop.

Crossing the road:

- ALWAYS cross the road in front of the bus, never behind.
- Take at least 10 giant steps in front of the bus.
- Pass the crossing arm, stop and look at the driver to give you the signal to cross.
- Walk, NEVER run across the road and ALWAYS follow the bus driver's and bus patroller's instructions.



School Bus Danger Zone



Crosswalk Safety

- Obey the crosswalk rules and be courteous when crossing with a crossing guard. Stand on the sidewalk behind the crossing guard. STAY THERE until the crossing guard has stopped the traffic and tells you that it is safe to cross.
- When the crossing guard indicates it is safe to cross, walk BETWEEN the painted lines.
- WALK (do not run) across the crosswalk.
- WALK (do not ride) your bicycles, skateboards or scooters across the crosswalk.
- When pedestrian signals exist, cross when the signal indicates it is safe to do so. Do not leave the curb once the 'do not walk' signal appears.
- NEVER cross on a red light

